

Name: _____



PINK PEPPERMINT PLAYDOUGH

Children benefit from experiences that support and enhance the development of their **fine motor skills**. Playing with playdough is a hands-on activity that is fun while also helping to build strength and dexterity in the hands and fingers of young children. Here are some activities your child can try with his/her playdough:

- Roll the playdough into tiny balls using only their finger tips
- Roll the playdough into a large ball using the palms of their hands
- Roll the playdough out to make snakes of different lengths
- Use the rolled out playdough to form different letters
- Flatten the ball down to a pancake using both a hammering fist and a flat palm
- Use toothpicks or tools to etch designs into the playdough
- Use toothpicks or tools to write letters on flat playdough
- Use cookie cutters to make different playdough shapes
- Cut playdough using a plastic knife or plastic scissors

Needed:

2 cups flour
1 cup salt
4 teaspoons cream of tartar
2 tablespoons oil
2 cups water
Peppermint extract
Food coloring is optional

Directions:

Mix the ingredients and cook in a skillet (medium to low) until a moist ball is formed. Remove and knead. Store in resealable plastic bags.

Make Pink Peppermint Play-dough during the time in which the letter "P" is being studied.